

CHILLI

Capsicum annuum

Chillies (*Capsicum annuum* or variations of species) are a popular staple for a kitchen garden because they produce an abundance on a single plant.

There are many different varieties of chilli that vary in heat/spice. Chillies are part of the Solanaceae family along with Tomatoes, Capsicum, Eggplant and Potato.

Chillies thrive in warm weather and are mainly grown over summer. The great thing about Chillies is that you can grow more than enough in a pot or container. Great for renters or those with limited space.



SEEDS

The seeds of the chilli are where the majority of the heat is stored. Remove the seeds if you want less heat!

FRUIT

Chilli come in over 400 species and range from mild to extremely hot! They can be cooked, used raw, pickled, dried and frozen.

Most chilli get hotter as they ripen.