ASPARAGUS

Asparagus officinalis

Asparagus (Asparagus officinalis) is a perennial vegetable and is a great long-term investment in your food production. Asparagus grows back each year and produces for up to 30 years. The great thing about Asparagus is it produces edible spears at the start of spring which is often an "in-between" time in the garden when winter crops have finished and summer crops are not yet ready.







SPEARS

The young shoots that form in Spring are called spears. Harvest spears that are pencil width thick.

